

TINNITUS



WHAT'S THE BUZZ?

DEFINITION:

tin-ni-tus n. A sound in one or both ears, (e.g. buzzing, ringing, whistling) occurring without an external stimulus. Often an early warning sign of hearing damage- particularly following loud volumes

Management techniques can help



BUT,



than cure

Prevention is better

Enjoy music for years

Look after your ears!

TINNITUS WEEK 2018

5-11 February

Musicians are **4x**



more likely to experience tinnitus

GET INVOLVED!

Check out: <https://hearsmart.org/what-problem/tinnitus/>



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Discuss



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HEAR smart

www.hearsmart.org



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#tinnitusweek

#beatoverbuzz