

# TINNITUS



## WHAT'S THE BUZZ?

### DEFINITION:

tin-ni-tus n. A sound in one or both ears, (e.g. buzzing, ringing, whistling) occurring without an external stimulus

Musicians are **4x**



more likely to experience tinnitus

Management techniques can help



## TINNITUS WEEK 2018

5-11 February

### TAKE CONTROL! THINK...



How Long?



How Loud?



How Often?

**BUT,**



than cure

Prevention is better

*Enjoy music for years  
Look after your ears!*

Bee Ear-Smart, follow

HEAR smart

[www.hearsmart.org](http://www.hearsmart.org)



#hearsmart

#tinnitusweek

#beatoverbuzz